



Confirmation Sponsor Worksheet

Please read Page 1 of this Worksheet & then complete page two.

NAME: _____ DUE: _____

Qualities of a Confirmation Sponsor

Each Confirmation candidate needs to choose a sponsor.

A Confirmation Sponsor's Responsibilities include:

1. Being a **strong role model** for you as you continue to live out your Catholic faith the rest of your life.
2. Having a willingness and desire to **pray** for you regularly.
3. Helping you in your **preparations for confirmation** by meeting, talking, listening and praying with you.
4. **Presenting you** to the Bishop (or a priest delegated by the bishop) on your Confirmation day.

Qualifications for a Confirmation Sponsor:

1. He or she must be a **practicing Catholic, regularly participating in the Church's sacramental life.**
He or she has to have been baptized Catholic, confirmed, and be receiving the sacrament of the Eucharist.
2. The sponsor must be at least 16 years of age. Sponsor may be either male or female for any candidate.
3. The sponsor **may not** be the parent or step-parent of the candidate.
4. The sponsor must know the candidate and be **willing to serve as a strong and long-lasting Christian influence on the candidate.** Sponsors will be actively involved in the candidate's preparation. Ideally, the sponsor would be in close proximity so the candidate and sponsor can readily work together. When this is not possible, the sponsor can receive updates through letters, phone calls, or e-mails. (One student met with his out-of-town uncle-sponsor for a weekend at his home in the Ozarks.)
5. It is desirable that the baptismal godparent be the sponsor for Confirmation, thus emphasizing more clearly the relationship between Baptism and Confirmation.
6. One who has been divorced and remarried, but does not have an annulment, cannot be a sponsor. (Note: one who has been divorced but is **not** remarried can still be a sponsor.)

Having a proxy...

A proxy is a person who "stands in" for a sponsor or godparent at the time of the sacramental celebration.

A candidate does not plan on having a proxy. You want your sponsor to be there to present you at Confirmation. However, illness, relocation, military service, travel hazards, etc. can prevent your sponsor from being there. If you learn that your sponsor cannot be present, please inform us immediately of the name of the proxy who will stand in for your sponsor, so we can make the necessary preparations and changes in documentation.

How to Choose a Sponsor

Your Confirmation Sponsor will be a Catholic role model and companion in faith as you prepare for Confirmation AND for the rest of your life.

Please answer the following to help you *discern* (which means to make a decision by thinking, praying, and reflecting on) your choice of a sponsor.

Complete the table by: Listing a few people you might choose to be your Confirmation Sponsor. Next write WHAT you admire about each person listed. Then fill in WHY each person would be a good sponsor. (Remember they must be at least 17 years old and a practicing Catholic who is not your mom or dad.)

Name	WHAT you admire	WHY they would be a good sponsor

With which of the people listed would you feel comfortable talking about faith?

Spend some time talking to the person(s) you are considering. You might want to ask questions like these:

- Do you remember your Confirmation & preparation for the sacrament? What was it like?
- Do you find God in your life? How? Where?
- What does the Catholic Church mean to you?
- Who is Jesus for you?

After you have read page 1 of this paper, completed the table and questions, and then prayed; reflect on and talk about your considerations with your parent(s) or guardian(s), and then make your choice.

Please write the first & last name of your sponsor below:

Student's Name _____